

Pharmacokinetics course

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Antaros
Medical

Contents

- Introduction to PET & SPECT (09.00-09.45)
 - Tomographic methods
 - PET / SPECT acquisition
 - Image reconstruction
 - Resolution / Partial Volume Effects

- Receptor kinetics (10.00-12.00)
 - In vitro concepts
 - Quantification
 - Kinetic modeling
 - Assumptions

Introduction to PET & SPECT

March 2, 2022

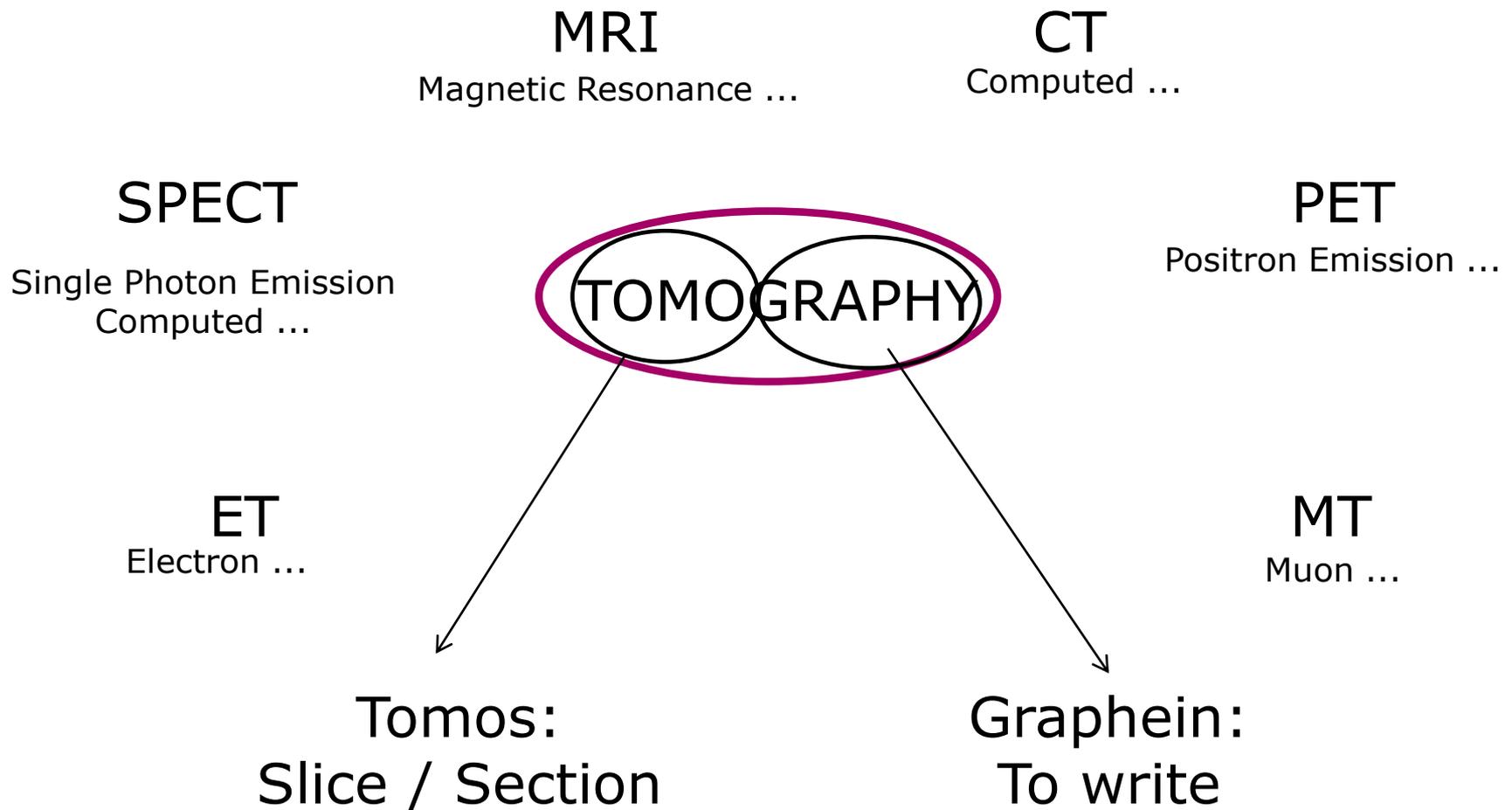
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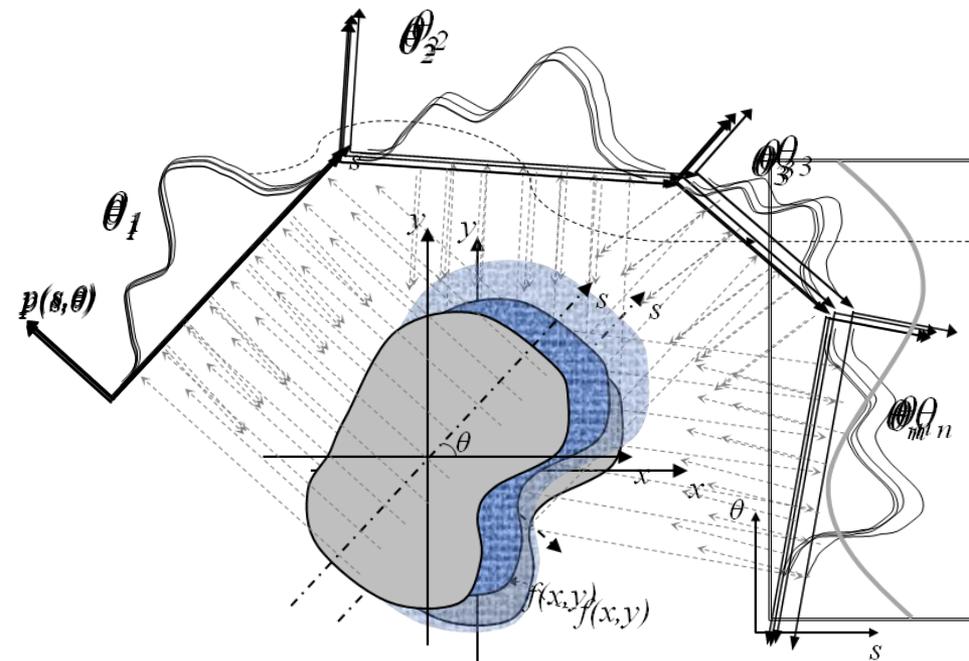


What is tomography?



What is tomography?

1. Measure "Projections" for each angle
2. The object (3D) giving rise to the measured projections is reconstructed



Johann Radon, 1887-1956



J. Radon

What is tomography?

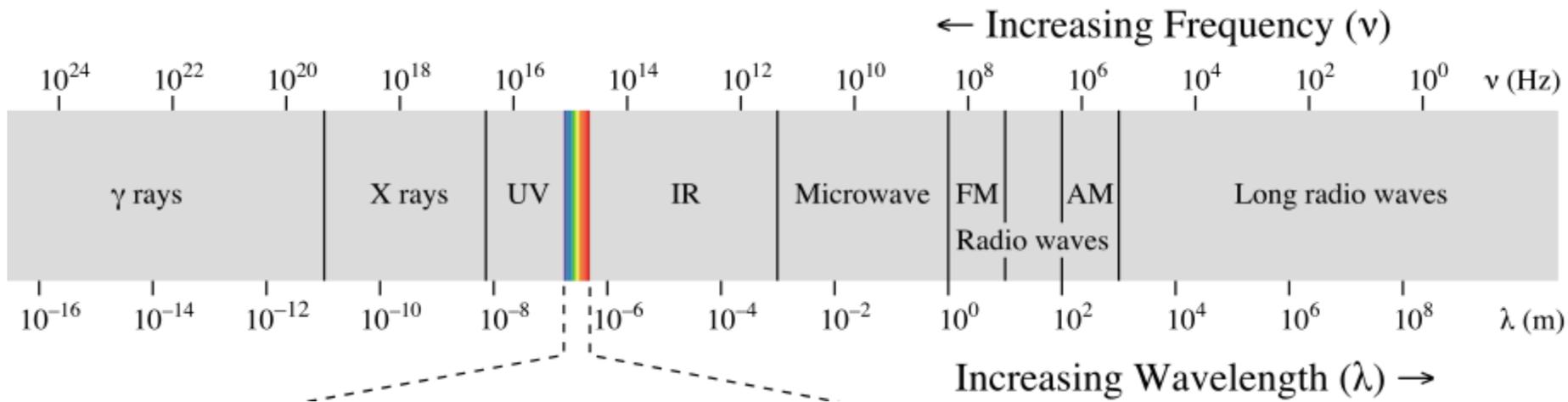
MRI
Radio waves

CT
X-rays

SPECT
 γ -rays

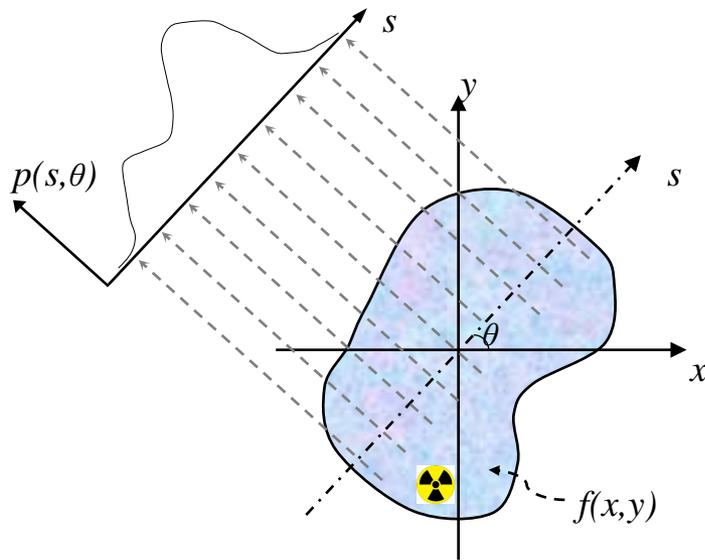
PET
 γ -rays

TOMOGRAPHY



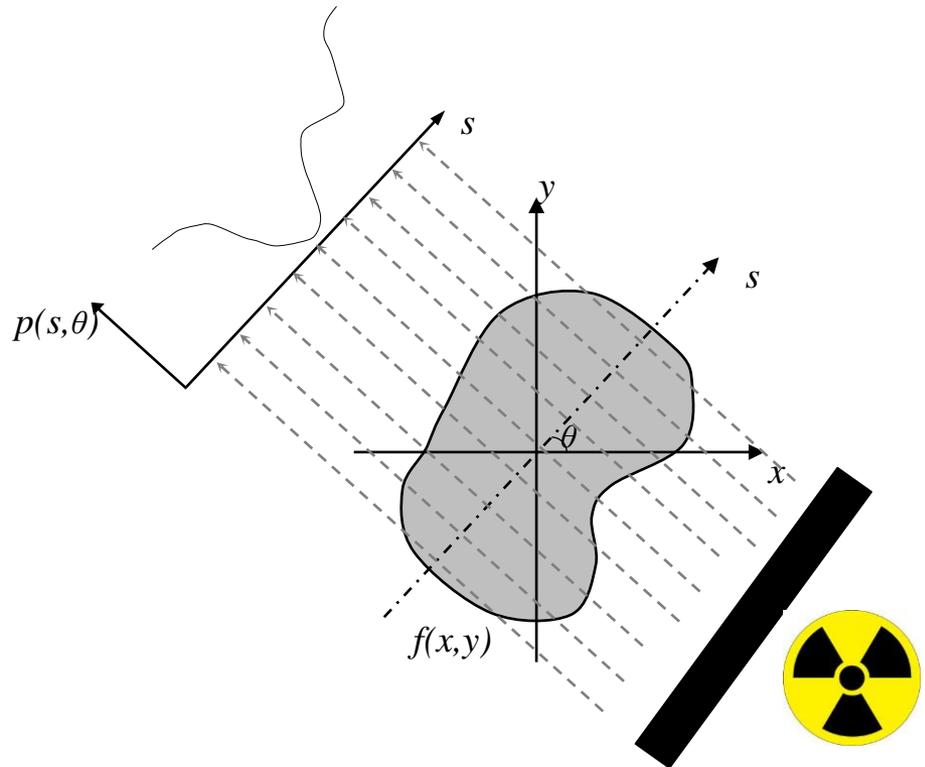
What is tomography?

Emission Tomography



PET, SPECT, MRI

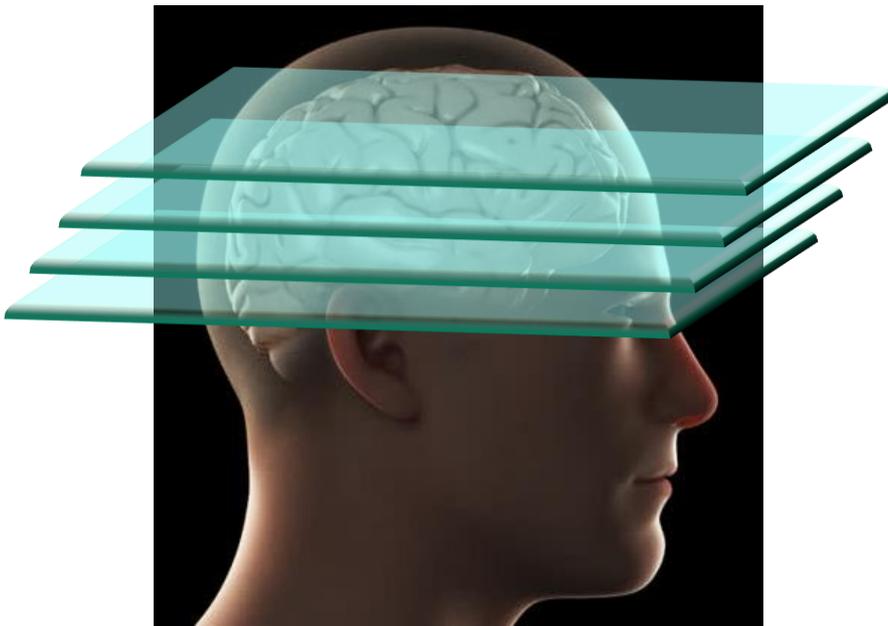
Transmission Tomography



CT, ET, MT

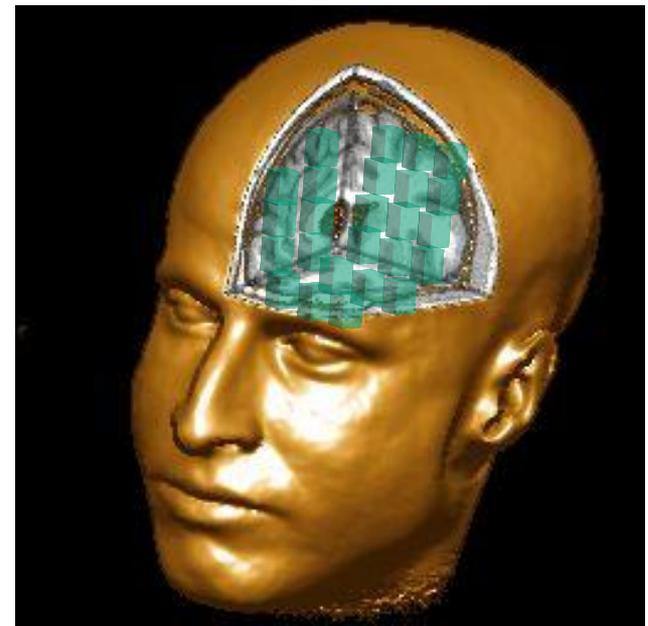
What is tomography?

Image several 2D slices
(2D images)



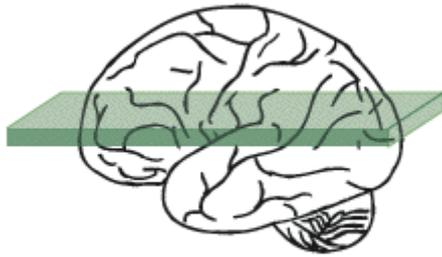
2D image element:
Pixel

Stacking 2D slices
creates an image volume

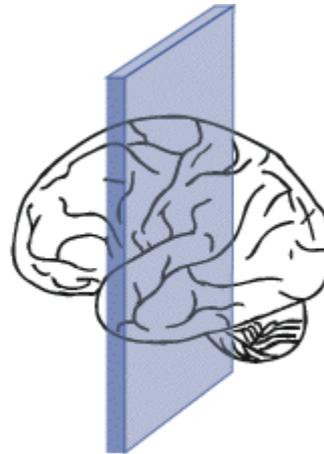


3D image element:
Voxel

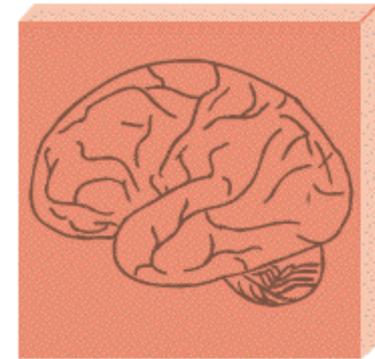
What is tomography?



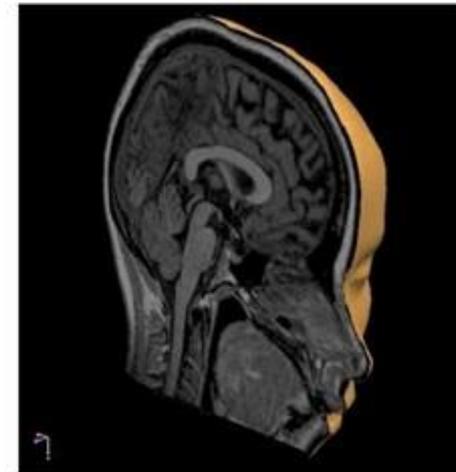
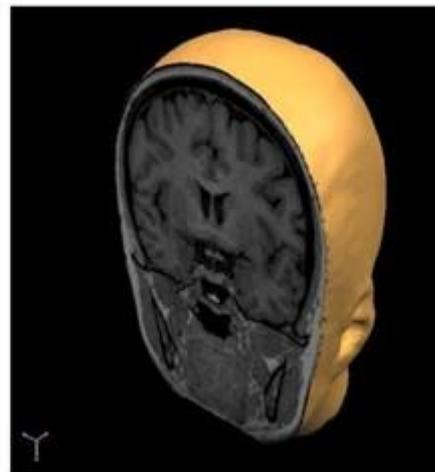
Axial



Coronal



Sagittal



Positron Emission Tomography (PET)

We are all children of broken symmetry

- Nobel prize in physics, 2008 (Nambu, Konayashi and Masakawa)

Positron Emission Tomography (PET)

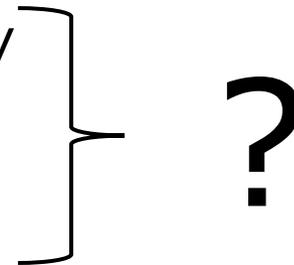
We are all children of broken symmetry

- Nobel prize in physics, 2008 (Nambu, Konayashi and Masakawa)
- The law of conservation of energy
- $E = mc^2$
- Big bang

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Positron Emission Tomography (PET)

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antimatter

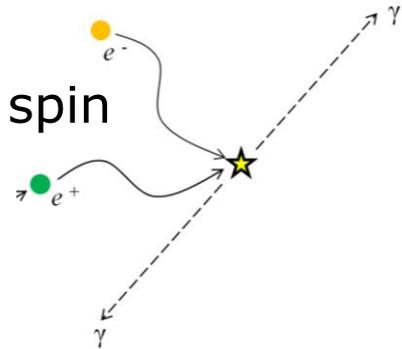
Positron Emission Tomography

We are all children of broken symmetry

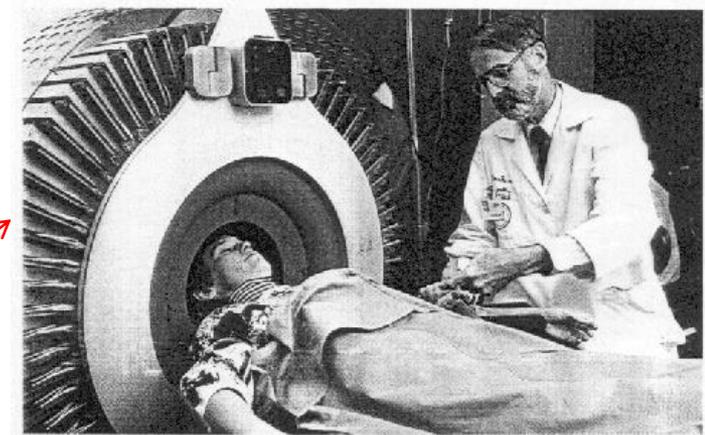
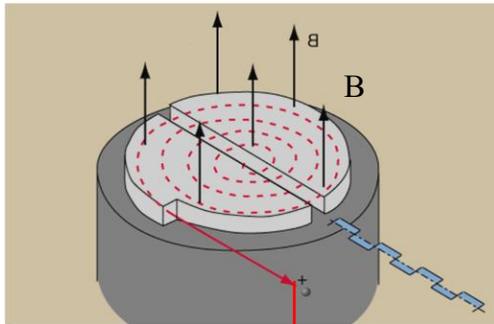
- Nobel prize in physics, 2008 (Nambu, Konayashi and Masakawa)

Antimatter

- Matter composed by antiparticles
- Same mass, opposite charge, opposite quantum spin
- Annihilates in presence of matter counterpart
- Matter AND antimatter was created in Big Bang!
- Positron: antiparticle of the electron



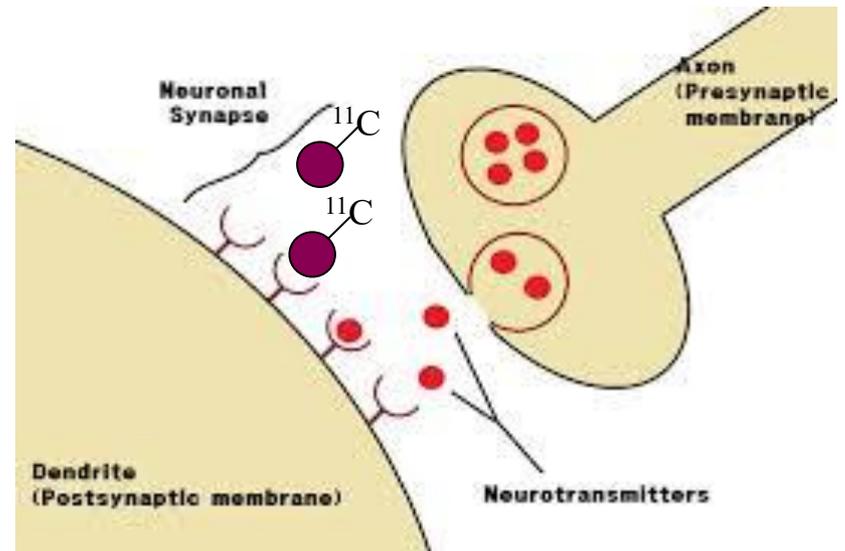
PET -- Physics



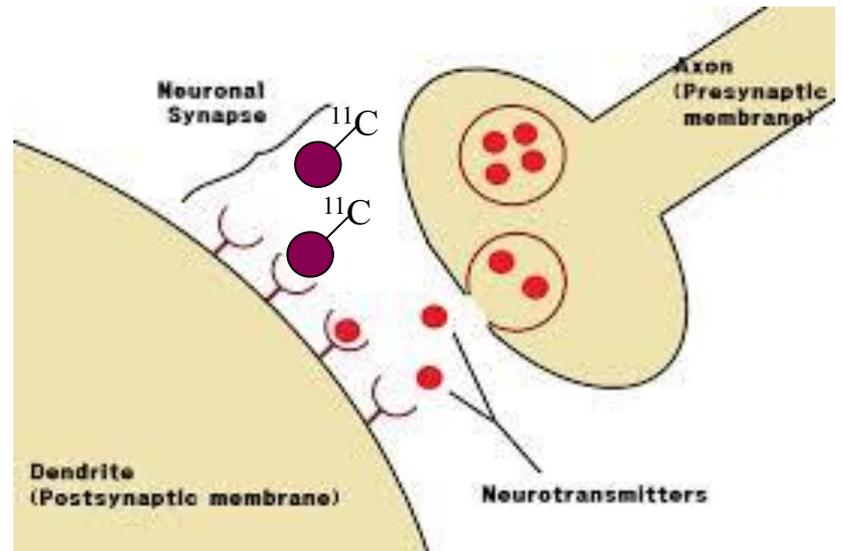
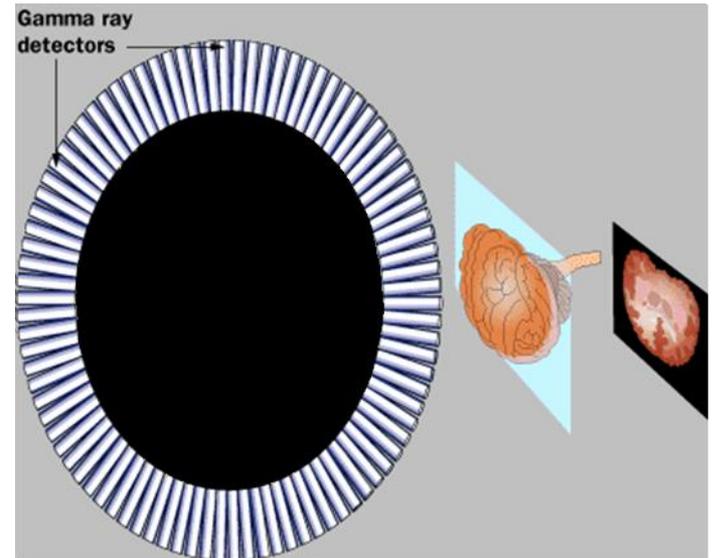
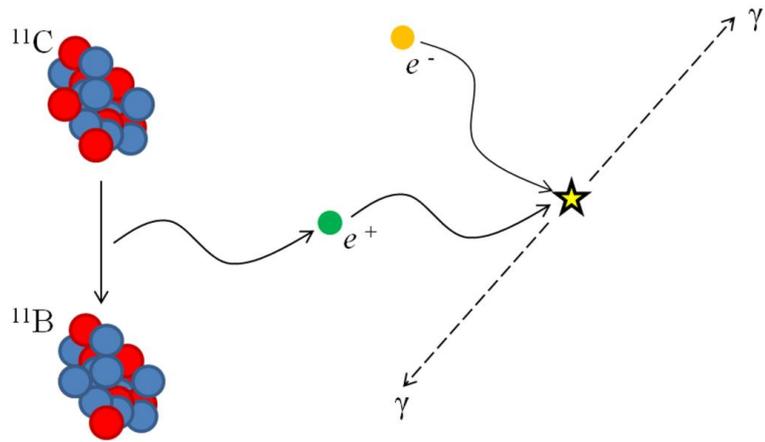
[^{11}C]Raclopride



$^{12}\text{C} \rightarrow ^{11}\text{C}$

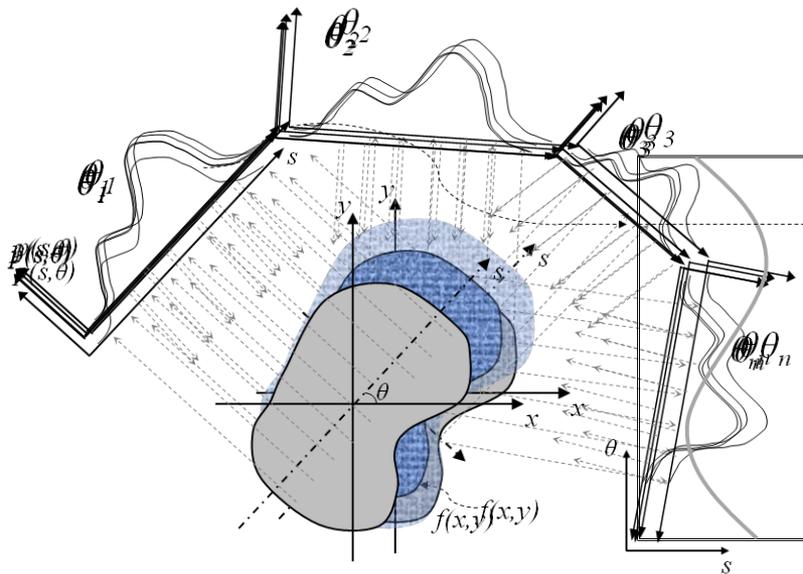
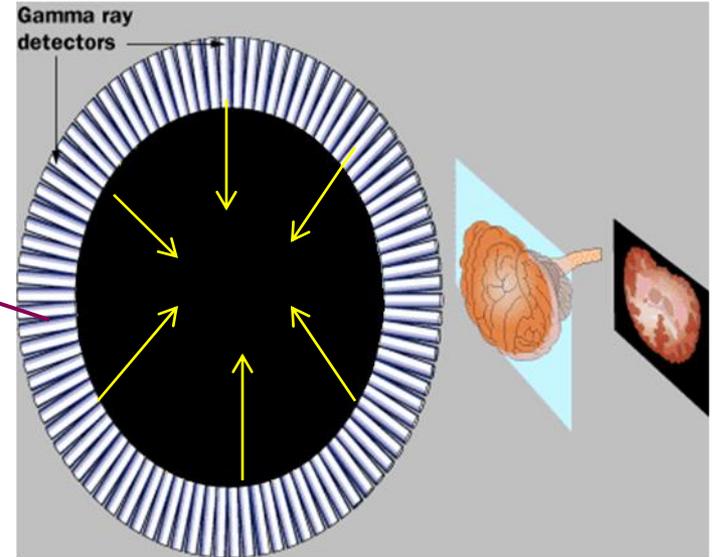
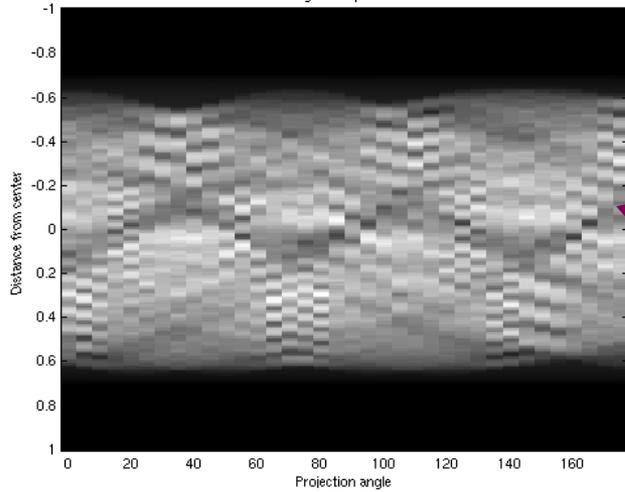


PET -- Physics



Sinogram

Sinogram of phantom



Radon Transform
Object -> Projections

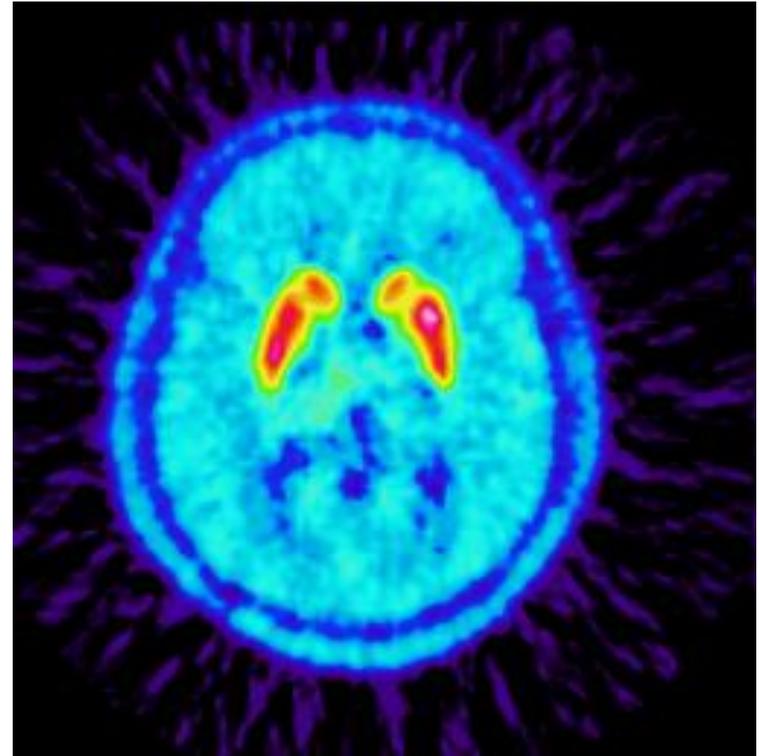
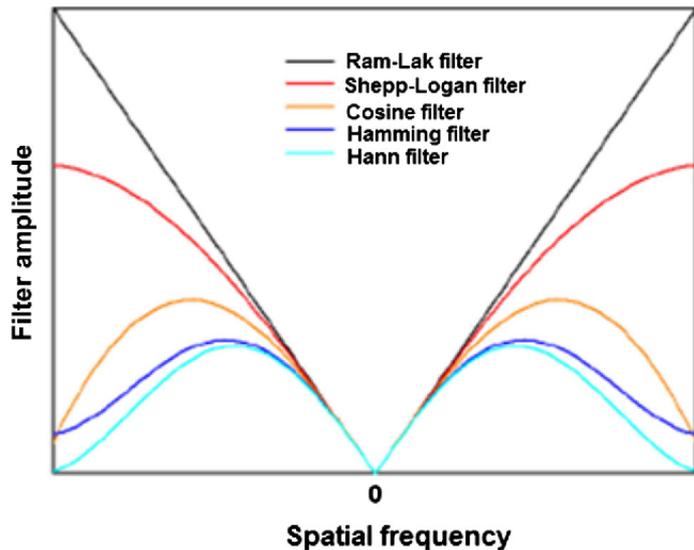
Inverse Radon Transform
Projections -> Object
(Back projection)

PET – Reconstruction (Filtered back projection)

Filter:

Amplify high frequencies

Suppress low frequencies

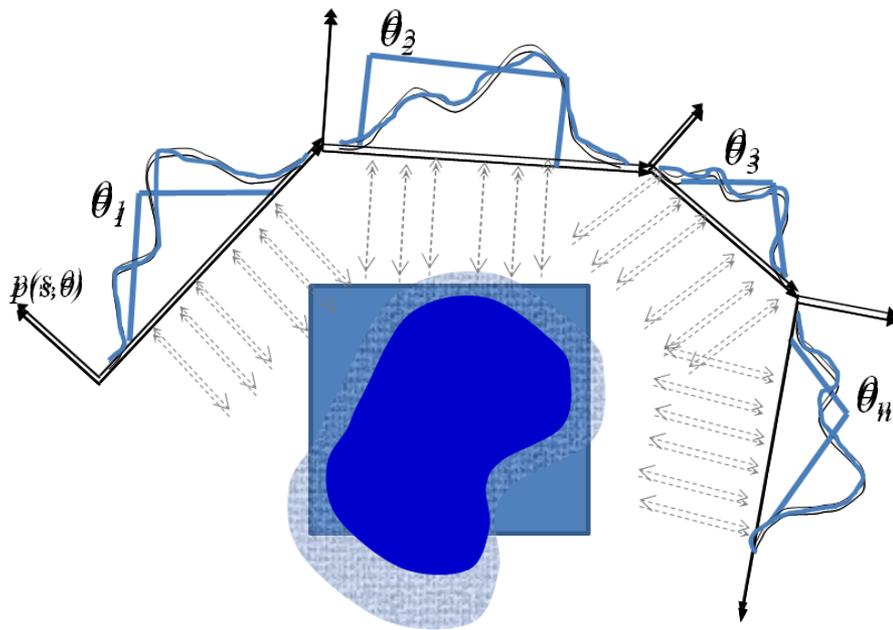


PET image of [11C]raclopride –
reconstructed with filtered
back projection

Main problem:
Inverse function is
hard (ill-posed)

Iterative Reconstruction

(Ordered Subset Expectation Maximization)

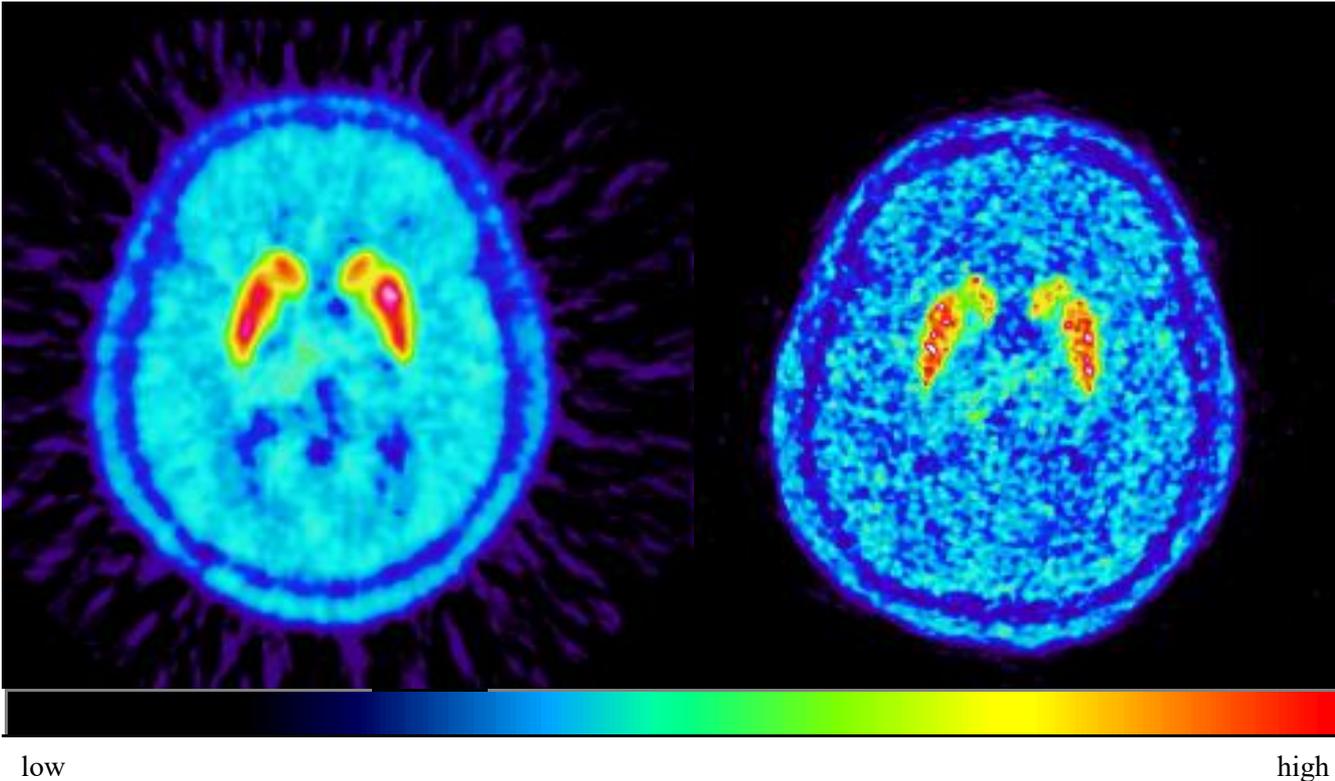


1. Guess an object (maybe a blue square?)
2. Forward project – i.e., obtain the projections for this guessed object
3. Compare the projections to those obtained from the measurement
4. Update object
5. Repeat!

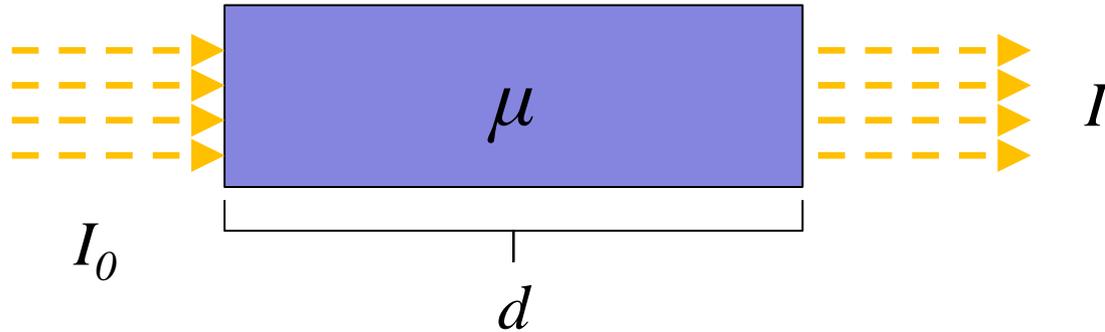
Same subject – scanned with [11C]raclopride

Analytic reconstruction
(Filtered Back Projection)

Iterative reconstruction
(OSEM)



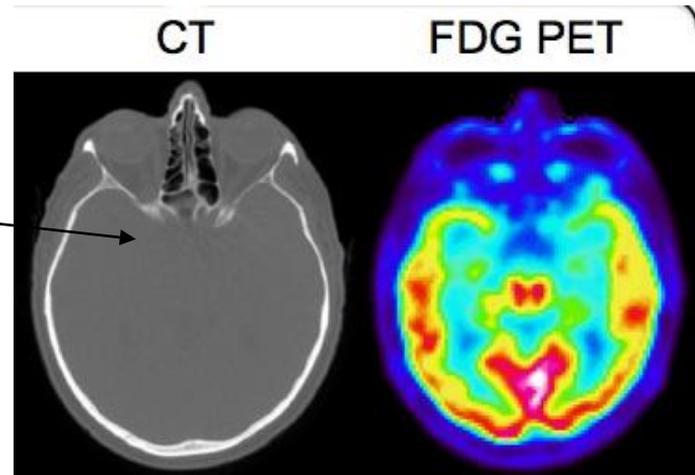
Attenuation correction



Beer Lambert law: $I = I_0 e^{-d \cdot \mu}$

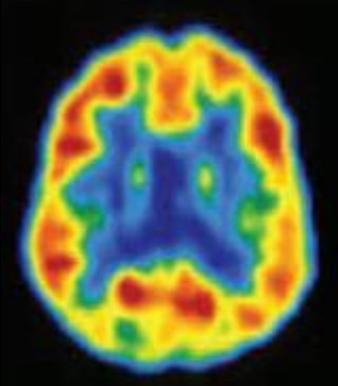
μ -map,
 $\mu(x)$

$$I = I_0 e^{-\int_0^d \mu(x) dx}$$

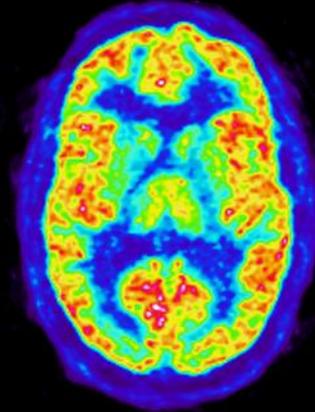


PET – Radioligands

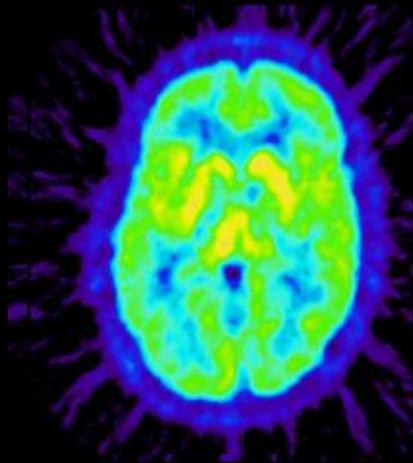
$[^{18}\text{F}]$ FDG



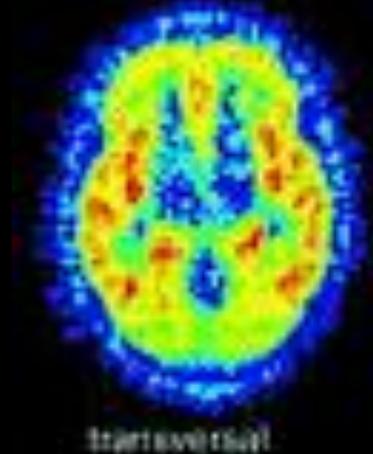
$[^{11}\text{C}]$ flumazenil



$[^{11}\text{C}]$ MADAM



$[^{11}\text{C}]$ WAY-100635



What can possibly go wrong?

Non-correctable
physical properties

- Non-collinearity
- Positron travel

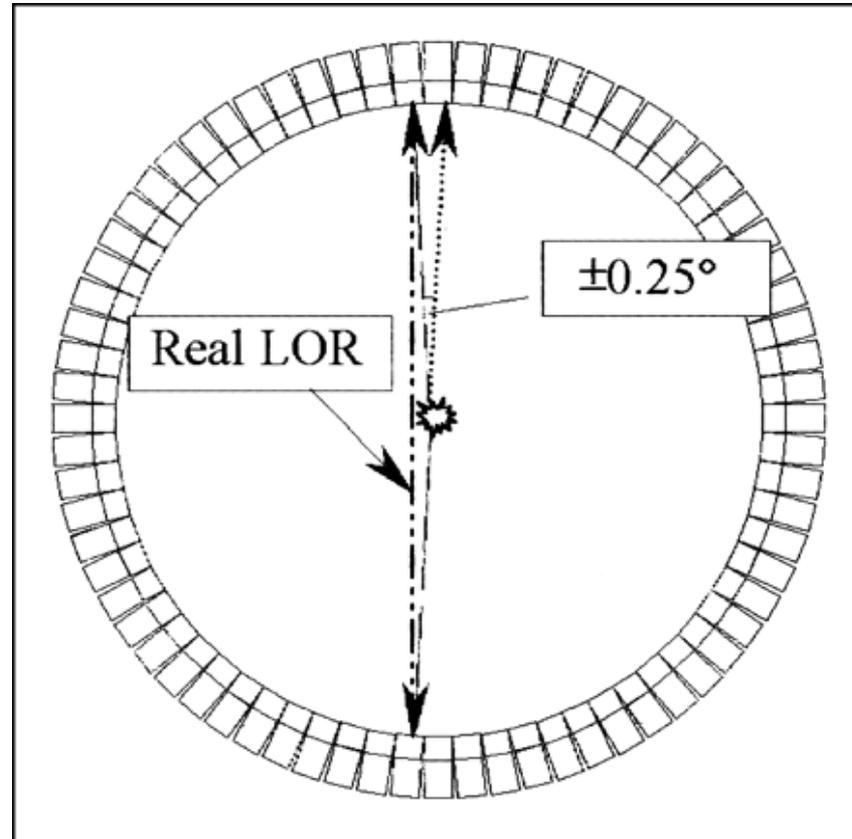
Correctable
physical
properties

- Scatter
- Randoms

What can possibly go wrong?

Non-correctable
physical properties

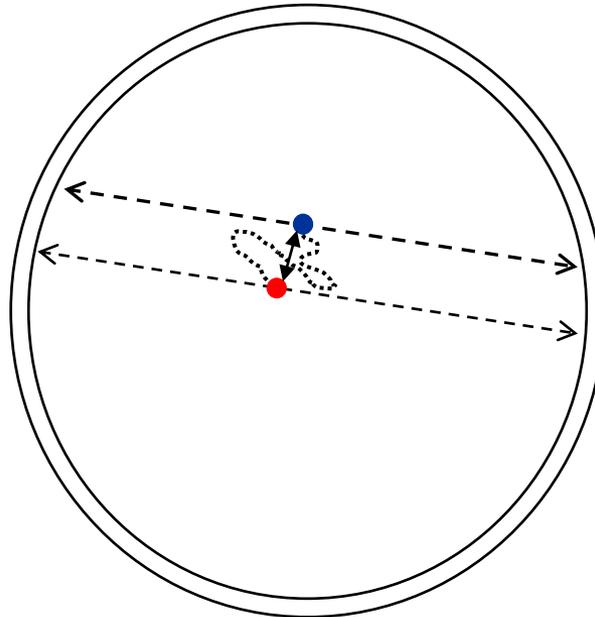
- **Non-collinearity**
- Positron travel



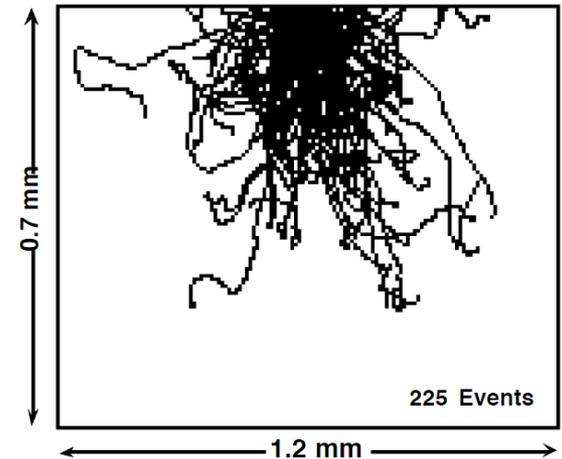
What can possibly go wrong?

Non-correctable physical properties

- Non-collinearity
- **Positron travel**



Simulated ^{18}F positron tracks in a scintillation detector



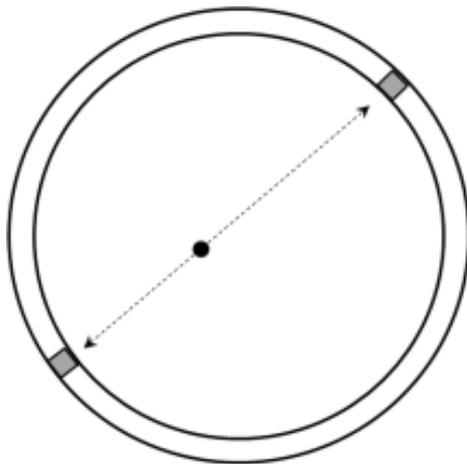
Isotope	Endpoint energy (MeV)	fwhm (mm)
^{18}F	0.64	0.54
^{11}C	0.96	0.92
^{13}N	1.22	1.49
^{15}O	1.72	2.48
^{68}Ga	1.90	2.83
^{82}Rb	3.35	6.14

W.W. Moses / Nuclear Instruments and Methods in Physics Research, (2011)

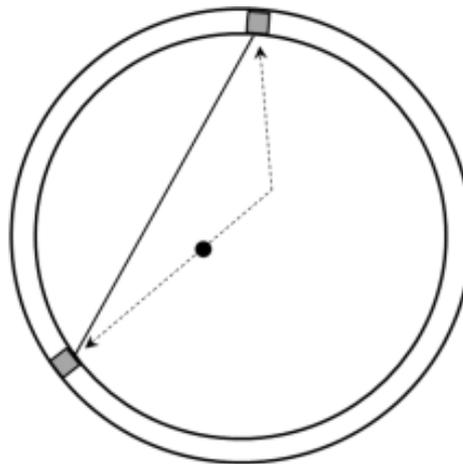
What can possibly go wrong?

Correctable physical properties

Ideal



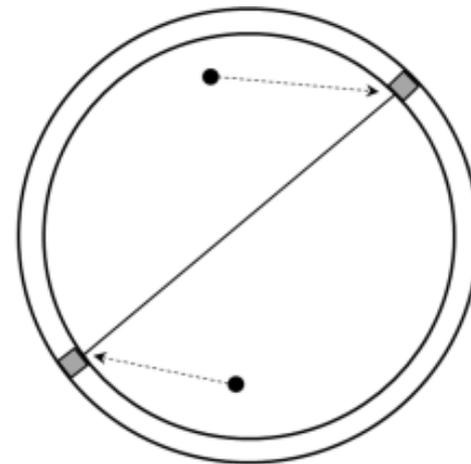
Scatter



~50%

de Jong et al., Phys Med Biol, 2007

Randoms



~10-50%

Badawi et al., Phys Med Biol, 1999

What is the main effect of these errors?

Non-correctable physical properties

- Non-collinearity
- Positron travel

Correctable physical properties

- Scatter
- Randoms

Camera Properties

- Detector size
- Penetration
- Gantry radius
- Non-uniform Sampling

Resolution 

Single Photon Emission Computed Tomography (SPECT)

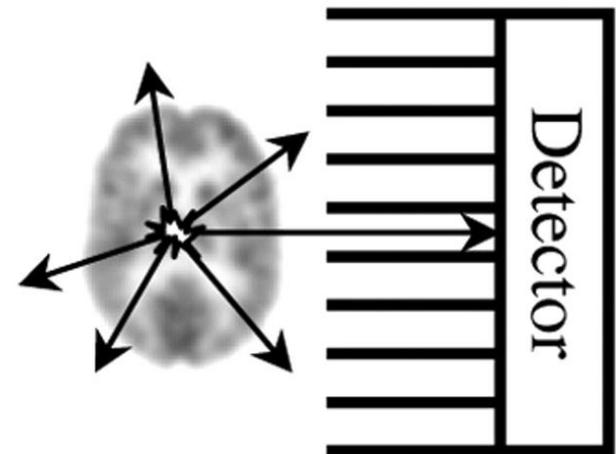
“Like PET but cheaper”

Single (or a few) circulating detector head (i.e., no ring of detectors)

Decay of isotope directly produce gamma particle (i.e., no detour via positrons)

Each decay produce at most 1 detection

Only particles perpendicular to the head is assured via collimators



Single Photon Emission Computed Tomography (SPECT)

PET		SPECT	
Material	Halflife	Material	Halflife
^{11}C	20.3 min	$^{99\text{m}}\text{Tc}$	6.0 hours
^{18}F	110 min	^{123}I	13.1 hours
^{15}O	122 sec	^{111}In	2.8 days

Availability of different isotopes provide somewhat complementary information

Longer half life removes the need of on-site cyclotron

SPECT camera significantly cheaper (order of magnitude)

Emission tomography: What do we mean with "resolution"?

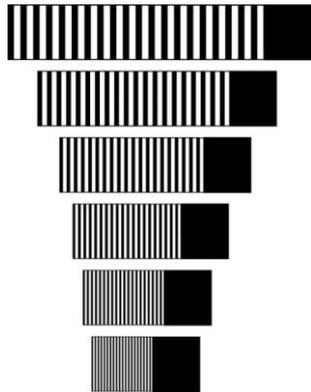


Resolution: 16 megapixels



Emission tomography: What do we mean with "resolution"?

The resolution of a sensor is the smallest change it can detect in the quantity that it is measuring (wikipedia)

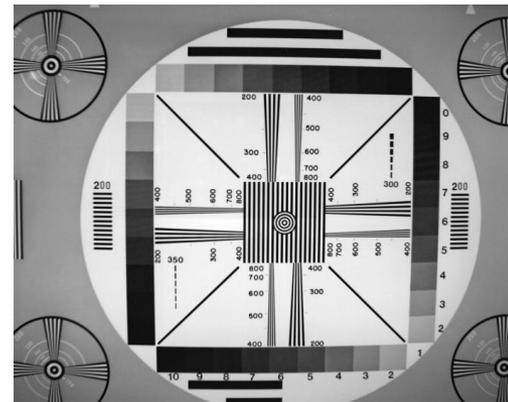


<http://gene.bio.jhu.edu/resolution/resolution.html>

Resolution

=

Amount of information / unit
area (volume)



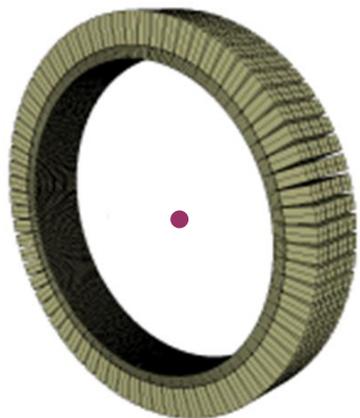
http://en.wikipedia.org/wiki/Optical_resolution

Nbr of pixels

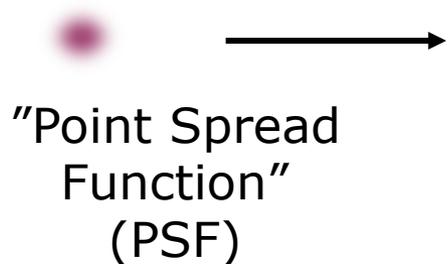
=

Upper Limit

How do we measure the resolution of a PET / SPECT system?

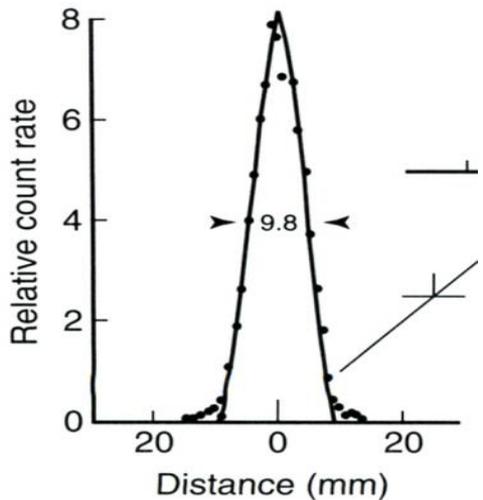


Acquisition + Reconstruction



Measure intensity line profile through PSF

Point source in air

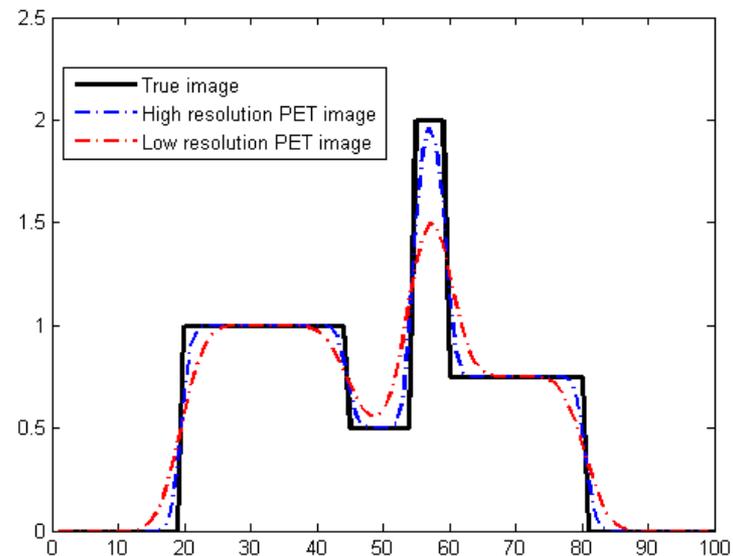
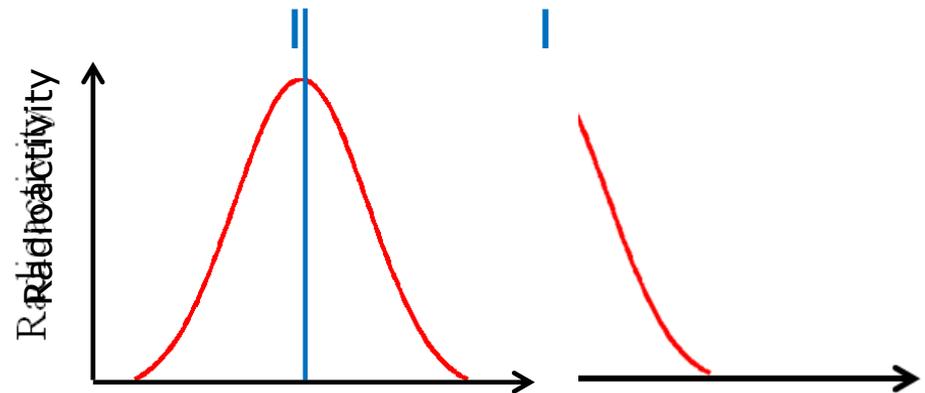


System resolution = FWHM of the PSF!

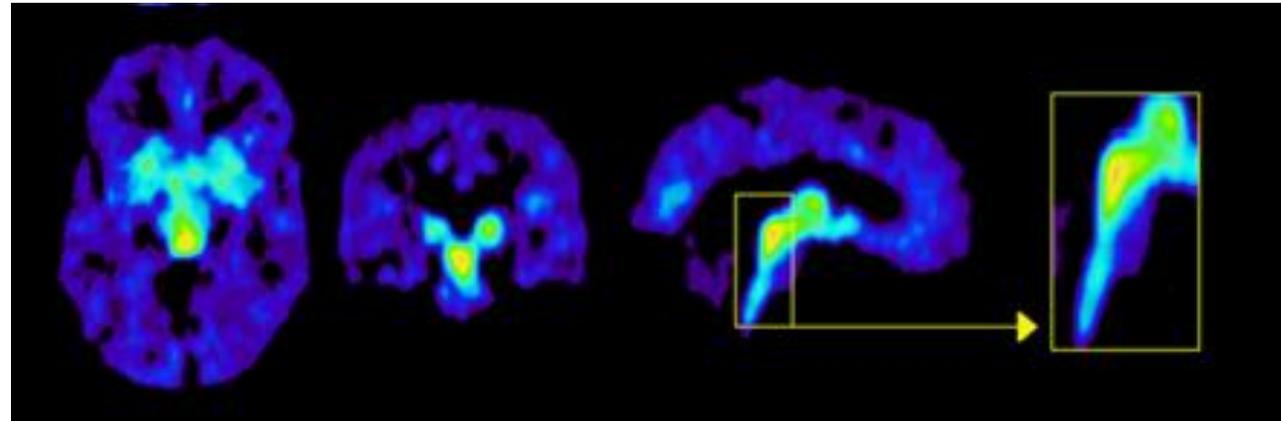
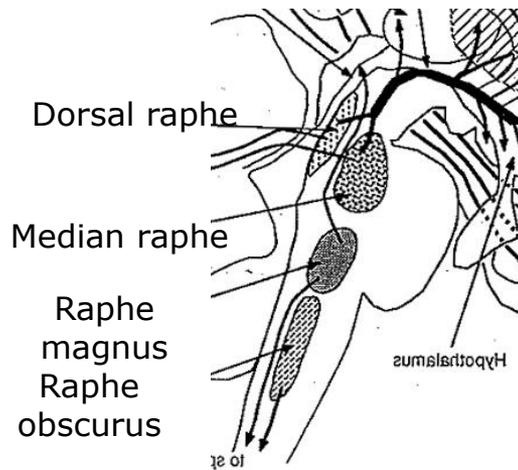
What are the consequences of low spatial resolution?

Partial Volume Effect (PVE)

- "Spill-out" of activity from regions with high signal.
- All nearby structures contaminate each other.
- The effect is most pronounced in small regions – radioligand binding cannot be reliably quantified!



What are the consequences of low spatial resolution - Example



Summary

- PET and SPECT provides information on brain function (densities of various proteins)
- Tomographic methods: measure projections and recreate the object
- PET and SPECT: Emission tomography
 - PET: Decay \rightarrow Positron \rightarrow 2 photons detected
 - SPECT: Decay \rightarrow 1 photon detected
- Reconstruction can be analytical or iterative
- Resolution is poor \rightarrow hard to measure small brain structures